

# Career of the Month: Counsellor



 **Minimum qualifications**  
a postgraduate degree

 **Typical salary (with experience)**  
£25-40k

 **Competition for places**  
Low

 **Demand for this role**  
Medium

Counsellors listen to what their clients say and ask questions in response, to help them talk about and resolve their problems.

Related interests:

Sciences

Useful skills and qualities:

Inquisitive

A good problem solver

A good communicator

Full of initiative

Happy working alone

Caring

A good negotiator

## Things to consider



### Rewarding

The work can be very rewarding.



### Stressful aspects

Despite the work being rewarding, it can also be highly stressful.



### Potential for knock-backs

You must be able to take constructive criticism from an experienced counselling worker, therapist or psychoanalyst – both during and after completing training.



### Heavy responsibility

Some clients may become dependent on therapy or analysis sessions and will have to be carefully assisted to refocus.



### Little progression opportunity

Larger units may have limited opportunities for you to move into management roles but, on the whole, counselling units tend to be flat structures with not much room for promotion.

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