



Career of the Month: Art Therapist

 Minimum qualifications

a postgraduate degree

£ Typical salary
(with experience)

£35-40K

 Competition for
places

Medium

 Demand for this role

Medium

Therapists use a range of mediums of art to help clients who may have difficulty in expressing themselves through words.

Related interests:

Arts & Crafts

Medicine & Health

Useful skills and qualities:

Creative

A good communicator

Happy working alone

Caring

Things to consider



Rewarding

If you have both a love of art and a desire to help people this will prove a very rewarding career.



Good progression

Opportunities for progression are good.



Distressing aspects

You will have to deal with people who are in pain or mentally unstable, which can be extremely upsetting.



Exciting projects/opportunities

Experiences can be enriching and very fulfilling; there will never be a boring day at work.



Can Specialise

You might decide to specialise within a particular area, such as mental health or palliative care.

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