



Career of the Month: Art Therapist



Minimum qualifications

a postgraduate degree



Typical salary (with experience)

£35 – 40k



Competition for places

Medium



Demand for this role

Medium

Therapists use a range of mediums of art to help clients who may have difficulty in expressing themselves through words.

Useful skills and qualities:

Creative

A good communicator

Happy working alone

Caring

Related interests:

Sciences

Arts & Crafts

Medicine & Health

Things to consider



Rewarding

If you have both a love of art and a desire to help people this will prove a very rewarding career.



Good progression

Opportunities for progression are good.



Distressing aspects

You will have to deal with people who are in pain or mentally unstable.



Exciting projects/opportunities

Experiences can be enriching and very fulfilling.



Can specialise

You might decide to specialise within a particular area, such as mental health or palliative care.

Learn about more careers at <https://indigo.careers/>